



Volunteering opportunities related to Nursing, Midwifery & Social Work

Below are specific opportunities linked to Nursing, Midwifery and Social Work and related areas. You may also want to think about specific skills you want to develop as these experiences can come from volunteering which may not be directly related to your study area but still create the opportunity to develop these skills.

The following organisations are registered with the Volunteering and Community Engagement Team and are actively looking to recruit students as volunteers. If you are interested in volunteering or finding out more please look at the organisation's website or contact the organisation direct with the details given.

Action Duchenne www.actionduchenne.org

Action Duchenne supports families across the UK whose boys have Duchenne Muscular Dystrophy, the most lethal genetic condition affecting this population group. Over the last decade, Action Duchenne have invested around £4 million in research partnerships to help find a treatment and/or cure for this devastating condition.

Volunteering opportunities include:
Fundraiser
Event marshall

Contact: Diana Ribeiro
diana@actionduchenne.org
0208 556 9955

African and Caribbean Mental Health Services

The African and Caribbean Mental Health Services is a voluntary charitable organisation working with African and Caribbean people with mental health problems. Their mission is to provide culturally appropriate and sensitive services enabling the rehabilitation of members of the African and African Caribbean community suffering from mental disorders or conditions of emotional distress through a holistic approach.

Volunteering opportunities include:
Volunteer teacher

Contact: Dawn Bryan
admin@acmhs-blackmentalhealth.org.uk
0161 226 9562

After Adoption www.afteradoption.org.uk

After Adoption is a voluntary organisation that offers advice, support and counselling to anyone whose life is affected by adoption. They are also a voluntary adoption agency and their family finding service, Families that Last, finds permanent homes for children who would otherwise live out their lives in the care system.

Volunteering opportunities include:
Helpline workers

Contact: Wendy Jones
volunteering@afteradoption.org.uk
0161 839 4932

The Alzheimer's Society www.alzheimers.org.uk

The Alzheimer's Society is a membership organisation that works to improve the quality of life of people affected by dementia in England, Wales and Northern Ireland. Many of their 25,000 members have personal experience of dementia, as carers, health professionals or people with dementia themselves, and their experiences help to inform their work.

Volunteering opportunities include:

Event's Organiser
Befriender
Researcher

Contact: Emma Sleith

emma.sleith@alzheimers.org.uk
0161 203 6434

ANXIETY UK www.anxietyuk.org.uk

Anxiety UK works to relieve and support those living with anxiety disorders by providing information, support and understanding via an extensive range of services.

Volunteering opportunities include:

Helpline Volunteers
Campaigners

Contact: Catherine O'Neill

volunteering@anxietyuk.org.uk
0161 227 9898

Barnardo's www.barnardos.org.uk

Barnardo's works on issues from drug misuse to disability; youth crime to mental health; sexual abuse to domestic violence; and child poverty to homelessness. They believe in bringing out the best in every child and run 415 projects across the UK.

Volunteering opportunities include:

Fundraising, services
Business development

Contact: Tina Kang

tina.kang@barnardos.org.uk
07896067396

Beating Bowel Cancer www.beatingbowelcancer.org

Beating Bowel Cancer aims to raise awareness of the symptoms of bowel cancer, promote early diagnosis and encourage open access to treatment. Information is provided via the charity website and booklets. Plus Beating Bowel Cancer has a dedicated nurse support hotline and online forum for both those concerned about symptoms and patients.

Volunteering opportunities include:

Bag packer
Fundraiser

Contact: Rachel Thomas

rachel.thomas@beatingbowelcancer.org

BHA

BHA aim to protect and preserve good health and well-being in marginalised communities. They do this through engagement, education, support services, and professional advice and training.

Volunteering opportunities include:

Fundraiser
HR Administrator

Contact: Joanne Neal

volunteering@theBHA.org.uk
0161 874 2153

The British Red Cross www.redcross.org.uk

The British Red Cross are a volunteer-led humanitarian organisation that helps people in crisis, wherever and wherever they are. They enable vulnerable people at home and overseas to prepare for and respond to emergencies in their own communities, and when the crisis is over, they help people recover and move on with their lives.

Volunteering opportunities include:

First Aid volunteers

Contact: Jo Allott

allott@redcross.org.uk

0161 888 8914

Bury Autism Befriender Scheme www.nas.org.uk

Bury Autism Befriender Scheme champions the rights and interests of all people with autism and aims to provide individuals with autism and their families with help, support and services that they can access, trust and rely upon and which can make a positive difference to their lives.

Volunteering opportunities include:

Befrienders

Contact: Sylvia Boucher

s.boucher@bury.gov.uk

0161 253 7613

Calderstones Partnership www.calderstones.nhs.uk

Calderstone Partnership is the first learning disability NHS Foundation Trust. They provide a specialist service to people with a learning disability including in-patient assessment and treatment and community based services across the North West.

Volunteering opportunities include:

Befriender

Support worker

Contact: Rachel Taylor

rachel.taylor@calderstones.nhs.uk

01254 821152

Care and Repair www.careandrepair-manchester.org.uk

Care and Repair exists primarily to meet the needs of older homeowners. Older homeowners are most likely to live in unfit housing, yet if they are receiving income support there is no element to cover repair and maintenance. Care and Repair assists the older person to assess their options, obtain finance and supports them through the repair process.

Volunteering opportunities include:

Befriending

Advocacy workers

Advice workers

Contact: Maggie Walker

mwalker@careandrepair-manchester.org.uk

0161 874 1682

Childline www.childline.org.uk

Childline is the UK's free, confidential helpline for children and young people. Trained volunteers are on hand to provide advice and support, by phone and online, 24 hours a day.

Volunteering opportunities include:

Helpline volunteers

Contact: Chris Dunn

cdunn@nspcc.org.uk

0870 336 2920

Children Today

Children Today is the charity that raises funds to provide specialised equipment for children and young people with disabilities throughout the UK. Their aim is to ensure that every disabled child and young person fulfils their potential and leads an active childhood.

Volunteering opportunities include:
Fundraising

Contact:
info@childrentoday.org.uk
01244 335622

The Counselling & Family Centre www.counsellingandfamilycentre.co.uk

The Counselling & Family Centre aims to help local people cope more effectively with the challenges of everyday life they provide safe, appropriate and stimulating care for children, to aid their personal, social and emotional development while promoting good parenting and interpersonal skills for their carers and counselling for all ages.

Volunteering opportunities include:
Counsellor

Contact: Jo Wood
familycontact@btinternet.com
0161 941 7782

Dr Kershaw's Hospice www.drkershawshospice.org.uk

Dr Kershaw's Hospice provides specialist palliative care for adults with non-curable life-threatening illnesses in a peaceful and homely environment.

Volunteering opportunities include:
Arts and Crafts Volunteers
Hairdressers

Contact: Allegra Holbrook
allegra@drkershawshospice.org.uk
0161 624 9984

Epilepsy Action

Epilepsy Action is the leading organisation working with and for people affected by epilepsy, the leading provider of epilepsy advice and information, and the only specialist provider of accredited advice and information about epilepsy.

Volunteering opportunities include:
Fundraising

Contact: Jo Burton
jburton@epilepsy.org.uk
01613002382

Gaddum Centre www.gaddumcentre.co.uk

The Gaddum Centre believes that people receiving services have the right to quality information and support to enable them to make informed choices about their lives

Volunteering Opportunities include:
Advice and Information Volunteer

Contact: Jim Bevis
jbevis@gaddumcentre.co.uk
0161 834 6069

The Greater Manchester Community Chaplaincy

The Greater Manchester Community Chaplaincy project recognises the damage that is caused to individuals and to the community through crime. The project exists to provide support to people leaving prison of all faiths and none. They provide mentoring support that involves befriending and support on a range of issues but which is based on a professional working relationship.

Volunteering opportunities include:
Befrienders

Contact: Mary Causer
gmcc@surefish.co.uk
0161 236 2462

Greater Manchester Head Forward Centre Ltd www.headforward.org

Greater Manchester Head Forward Centre Ltd is a voluntary day centre for social rehabilitation and support for people who have suffered a traumatic brain injury. They also offer head injury information to relatives and carers.

Volunteering opportunities include:
Befrienders

Contact: Maggie Cottam
headforward@tiscali.co.uk
0161 434 2150

Independent Choices www.wdchoices.org.uk

Independent Choices was founded in 1978 as the Women's Domestic Violence Helpline. The focus of the work of the organisation is the services of the Women's Helpline including Community Helpline Language Services receiving just over 7000 calls each year and the Women's Safety Service delivered under contract to Greater Manchester Probation Trust (GMPT).

Volunteering opportunities include:
Helpline Volunteers
Campaigners

Contact: Catherine O'Neill
volunteering@anxietyuk.org.uk
0161 227 9898

KeyRing Living Support Networks www.keyring.org

KeyRing is a community based support organization supporting vulnerable tenants to help maintain their tenancy and engage with the community they live in.

Volunteering opportunities include:
Community living volunteer

Contact: Suzy Pabla
enquiries@keyring.org
0161 628 4133

Manchester Deaf Centre www.manchesterdeafcentre.com

Manchester Deaf Centre provides support to a wide range of people with sensory impairment. The centre is a popular place for deaf, deaf-blind and hard of hearing people to meet and socialise and also to access information. The Communication Service that enable deaf and hearing people to communicate in a wide variety of settings.

Volunteering opportunities include:
Group helpers for various groups
Community living volunteer

Contact: Jonathan Swift
jonathans@manchesterdeafcentre.com
0161 276 9339

Manchester Settlement www.manchestersettlement.org.uk

Manchester Settlement is a charity based in East Manchester set up to address the effects of poverty and deprivation. Currently they run several projects from playschemes to pensioners clubs. Their aim is to give support to all service users and a door of opportunity to young people with complex needs, and their families.

Volunteering opportunities include:

Mental Health Project worker,
Sexual health project worker
Youth work volunteers

Contact: Maria Gardiner

admin@manchestersettlement.org.uk
0161 231 1114

Manchester Youth Offending Service www.manchester.gov.uk

The core work of the YOS involves undertaking structured supervision of young offenders addressing the issues assessed as underpinning their offending. The YOS also provides strategic management for the Manchester Multi Agency Gang Service (MMAGS), a multi-agency team working solely to tackle the problems of street gangs involved in firearms use.

Volunteering opportunities include:

Mentors
Panel Member

Contact: Kathryn Arnott-Gent

kathryn.arnott-gent@manchester.gov.uk
0161 227 3495

MedEquip4Kids www.medequip4kids.org.uk

MedEquip4Kids is a children's charity raising money to provide paediatric medical equipment and facilities for hospitals and community health teams. Their aim is to help ensure babies, children and teenagers receive the best possible care when sick or injured.

Volunteering opportunities include:

PR and Marketing
Fundraising

Contact:

info@medequip4kids.org.uk
0161 798 1600

Manchester Education Resettlement Centre (MERC)

MERC provides a fresh start in learning for adults who, for various reasons, face barriers to getting into work or going to college. Many of the adult students who attend courses at MERC have been going through a period of 'resettlement' in their lives. This may be because they have had problems with drugs, alcohol, mental ill-health or may have been in trouble with the law.

Volunteering opportunities include:

Learning supporter

Contact: Kerry Maskell

kerry@nearis.com
0161 832 4488

Manchester Neighbourhood Care Groups Association

The Manchester Neighbourhood Care Groups Association provides support for older people and adults with other specific difficulties. The service includes essential provisions such as a befriending and visiting service, emergency food shopping, transport to hospital appointments, wheelchair pushing, day trips, exercise and art classes, and coffee mornings. All these services are designed to reduce isolation and loneliness and increase independence.

Volunteering opportunities include:

Volunteering with older people
Day trip helpers

Contact: Sarah Parry

volunteers@mncga.co.uk
07934 498848

Mencap www.mencap.org.uk

Mencap is the voice of learning disability. They work with people with a learning disability to change laws and services, challenge prejudice and directly support thousands of people to live their lives as they choose.

Volunteering opportunities include:
Befrienders

Contact: Diane Hughes
diane.hughes@mencap.org.uk
01905 740 514

The MS Society www.mssociety.org.uk

The MS Society is the UK's largest charity for people affected by multiple sclerosis (MS). The Society funds MS research, runs respite care centres, provides grants (financial assistance), education and training on MS. It produces numerous publications on MS and runs a freephone specialist helpline.

Volunteering opportunities include:
Helpline Volunteer

Contact: Leo Brightley
lbrightley@mssociety.org.uk
020 8438 0918

Radio Lollipop www.radiolollipop.org

Radio Lollipop believes in the healing power of play - providing smiles and laughter to children at a time when they need it most. Radio Lollipop gives young patients a voice and a choice during their stay. While they can't say "no" to taking their medicine or receiving treatment, they can request their favourite songs, win prizes and hear their own voices on the radio. Those activities give youngsters a haven of normality in the hospital day which in other respects is strange, different and often scary.

Volunteering opportunities include:
Children's entertainer

Contact: John Carpenter
john.carpenter@radiolollipop.org
07813853405

Salford Heart Care Support www.salfordheartcare.co.uk

Salford Heart Care Support provides assistance to heart sufferers and, importantly, support their carers and family

Volunteering opportunities include:
Befrienders
Group members

Contact: Elizabeth Charnley
elizabethshc@onetel.com
0161 707 6262

Shelter

Shelter is a charity that works to alleviate the distress caused by homelessness and bad housing. We do this by giving advice, information and advocacy to people in housing need, and by campaigning for lasting political change to end the housing crisis for good.

Volunteering opportunities include:
Fundraisers

Contact: Orla Hutchman
orla_hutchman@shelter.org.uk
08445151640

St Ann's Hospice www.sah.org.uk

St Ann's Hospice is one of the largest adult hospices in the UK. They help people from the age of 16 to get more out of life. They aim to look after the 'whole needs of the whole person', including not just medical and nursing care, but also spiritual, emotional, social and psychological support. The hospice does not just provide end-of-life care: around 40% of their patients return home after receiving help.

Volunteering opportunities include:

Ward Volunteer
Day care centre volunteer
Bereavement support

Contact: Louise Johnson

ljohnson@sah.org.uk
0161 498 3653

St John's Ambulance www.sja.org.uk

St John's Ambulance believes that everyone who needs it should receive first aid from those around them. No one should suffer for the lack of trained first aiders

Volunteering opportunities:

Event Volunteer
First Aiders

Contact: Hazel Earnshaw

hazel.earnshaw@gman.sja.org.uk
08714 236030

Stockport Progress and Recovery Centre www.stockportdaycentre.org.uk

Stockport Progress and Recovery Centre is a local voluntary organisation providing support for adults in the Stockport area who suffer from mental health problems. They offer a range of leisure, therapeutic and social activities and facilities, developed in consultation with members, in order to promote integration and mental and social well being.

Volunteering opportunities include:

Group Facilitators
Befriending

Contact: Louise Leavy

louise@stockportdaycentre.org.uk
0161 429 9744

Vitalise www.vitalise.org.uk

Vitalise is a national charity providing short breaks (respite care) and other services for disabled people, visually impaired people, and carers. They offer inspirational opportunities for volunteers through one of the largest, most diverse volunteer programmes in the UK

Volunteering opportunities include:

Holiday Residential Carers
Sighted Guide

Contact: Val Allen

volunteer@vitalise.org.uk
01539 814 682

Whizz-Kidz www.whizz-kidz.org.uk

Whizz-Kidz is a charity that is all about giving disabled children the chance to lead a more independent life. Their service meets their individual mobility needs and ensures they get the right mobility equipment, advice and training at the right time.

Volunteering opportunities include:

Sport volunteers
Kids club volunteers

Contact: Helen Rathbone

h.rathbone@whizz-kidz.org.uk
020 7798 6120

WRVS is an age-positive charity that offers a range of practical services to help and support older people to live well, maintain their independence and play a part in their local community.

Volunteering opportunities include:

Hospital Volunteers
Social Centre Volunteers

Contact: Contact: Richard Clarke
richard.clarke@wrvs.org.uk
0116 241 8349