



Volunteering opportunities related to Pharmacy & Pharmacutical Sciences

Below are specific opportunities linked to pharmacy and pharmacutical sciences and related areas. You may also want to think about specific skills you want to develop as these experiences can come from volunteering which may not be directly related to your study area but still create the opportunity to develop these skills.

The following organisations are registered with the Volunteering and Community Engagement Team and are actively looking to recruit students as volunteers. If you are interested in volunteering or finding out more please look at the organisation's website or contact the organisation direct with the details given.

The Alzheimer's Society www.alzheimers.org.uk

The Alzheimer's Society is a membership organisation that works to improve the quality of life of people affected by dementia in England, Wales and Northern Ireland. Many of their 25,000 members have personal experience of dementia, as carers, health professionals or people with dementia themselves, and their experiences help to inform their work.

Volunteering opportunities include:

Event's Organiser Campaigner Researcher **Contact:** Emma Sleith emma.sleith@alzheimers.org.uk

0161 203 6434

ANXIETY UK www.anxietyuk.org.uk

Anxiety UK works to relieve and support those living with anxiety disorders by providing information, support and understanding via an extensive range of services.

Volunteering opportunities include:

Helpline Volunteers
Campaigners

Contact: Catherine O'Neill volunteering@anxietyuk.org.uk 0161 227 9898

Beating Bowel Cancer www.beatingbowelcancer.org

Beating Bowel Cancer aims to raise awareness of the symptoms of bowel cancer, promote early diagnosis, and encourage open access to treatment.

Volunteering opportunities include:

Charity street collector

Volunteer community fundraiser

Contact: Rachel Thomas rachel.thomas@beatingbowelcancer.org 07825 910 943

BHA

BHA aim to protect and preserve good health and well-being in marginalised communities. They do this through engagement, education, support services, and professional advice and training.

Volunteering opportunities include:

Fundraiser HR Administrator **Contact:** Joanne Neal volunteering@theBHA.org.uk

0161 874 2153

The British Red Cross www.redcross.org.uk

The British Red Cross are a volunteer-led humanitarian organisation that helps people in crisis, whoever and wherever they are. They enable vulnerable people at home and overseas to prepare for and respond to emergencies in their own communities, and when the crisis is over, they help people recover and move on with their lives.

Volunteering opportunities include:

First Aid Volunteers

Contact: Jo Allott allott@redcross.org.uk

0161 888 8914

Calderstones Partnership www.calderstones.nhs.uk

The Calderstone Patnership is the first learning disability NHS Foundation Trust. They provide a specialist service to people with a learning disability including in-patient assessment and treatment and community based services across the North West.

Volunteering opportunities include:

Befriender Support worker Contact: Rachel Taylor

rachel.tayler@calderstones.nhs.uk

01254 821152

Dr Kershaw's Hospice www.drkershawshospice.org.uk

Dr Kershaw's Hospice provides specialist palliative care for adults with non-curable life-threatening illnesses in a peaceful and homely environment.

Volunteering opportunities include:

Arts and Crafts Volunteers

Hairdressers

Contact: Allegra Holbrook

allegra@drkershawshospice.org.uk

0161 624 9984

Greater Manchester Head Forward Centre Ltd www.headforward.org

Greater Manchester Head Forward Centre Ltd is a voluntary day centre for social rehabilitation and support for people who have suffered a traumatic brain injury. They also offer head injury information to relatives and carers

Volunteering opportunities include:

Befrienders

Contact: Maggie Cottam headforward@tiscali.co.uk

0161 434 2150

The MS Society www.mssociety.org.uk

The MS Society is the UK's largest charity for people affected by multiple sclerosis (MS). The Society funds MS research, runs respite care centres, provides grants (financial assistance), education and training on MS. It produces numerous publications on MS and runs a freephone specialist helpline.

Volunteering opportunities include:

Helpline volunteer

Contact: Leo Brightley Ibrightley@mssociety.org.uk

020 8438 0918

Radio Lollipop www.radiolollipop.org

Radio Lollipop believes in the healing power of play - providing smiles and laughter to children at a time when they need it most. Radio Lollipop gives young patients a voice and a choice during their stay. While they can't say "no" to taking their medicine or receiving treatment, they can request their favourite songs, win prizes and hear their own voices on the radio. Those activities give youngsters a haven of normality in the hospital day which in other respects is strange, different and often scary.

Volunteering opportunities include:

Children's Entertainer Befriender **Contact:** John Carpenter john.carpenter@radiolollipop.org 07813853405

Salford Heart Care Support www.salfordheartcare.co.uk

Salford Heart Care Support provides assistance to heart sufferers and, importantly, support their carers and family

Volunteering opportunities include:

Befrienders
Group members

Contact: Elizabeth Charnley elizabethshc@onetel.com

0161 707 6262

St Ann's Hospice www.sah.org.uk

St Ann's Hospice is one of the largest adult hospices in the UK. They help people from the age of 16 to get more out of life. They aim to look after the 'whole needs of the whole person', including not just medical and nursing care, but also spiritual, emotional, social and psychological support. The hospice does not just provide end-of-life care: around 40% of their patients return home after receiving help.

Volunteering opportunities include:

Ward Volunteer
Day care centre volunteer
Bereavement support

Contact: Louise Johnson ljohnson@sah.org.uk 0161 498 3653

St John's Ambulance www.sja.org.uk

St John's Ambulance believes that everyone who needs it should receive first aid from those around them. No one should suffer for the lack of trained first aiders.

Volunteering opportunities include:

Event Volunteer First Aiders Contact: Hazel Earnshaw

hazel.earnshaw@gman.sja.org.uk

08714 236030

STEMNET www.stemnet.org.uk

STEMNET creates opportunities to inspire young people in Science, Technology, Engineering and Mathematics (STEM). This enables young people to develop their creativity, problem-solving and employability skills, widens their choices and supports the UK's future competitiveness. STEMNET helps encourage young people to be well informed about STEM, able to engage fully in debate, and make decisions about STEM related issues.

Volunteering opportunities include:

STEM Ambassadors Programme

Contact: Michelle Gallagher ambassadors@mosi.org.uk

0161 606 0138

Stockport Progress and Recovery Centre www.stockportdaycentre.org.uk

Stockport Progress and Recovery Centre is a local voluntary organisation providing support for adults in the Stockport area who suffer from mental health problems. They offer a range of leisure, therapeutic and social activities and facilities, developed in consultation with members, in order to promote integration and mental and social well being.

Volunteering opportunities include:

Group Facilitators
Befriending

Contact: Louise Leavy

louise@stockportdaycentre.org.uk

0161 429 9744

The University of Manchester

The School of Pharmacy and Pharmaceutical Sciences is developing its own outreach activity in local schools. 4-5 student volunteers are required to work as a group to deliver a 2½ hr programme of activities to year 10 pupils in their schools and colleges to introduce and promote pharmacy as a viable and attainable career option. This will map onto the School of Pharmacy Widening Participation and Outreach agenda.

Volunteering opportunities include:

Delivery of activities in schools

Contact: David Allison

david.allison@manchester.ac.uk

0161 275 2359